

K-SERIES SIZE CHART

9 FRAMES & 8 BRACE SIZES ENSURE YOUR KNEE IS SECURE

SIZE		YOUTH	YOUTH TALL / X-SMALL	SMALL	MEDIUM	LARGE	X-LARGE	2X-LARGE
By Knee Width	(inches)	3.46 – 3.70"	3.70 – 4.01"	4.01 – 4.25"	4.25 – 4.48"	4.48 – 4.72"	4.72 – 5.00"	5.00 – 5.27"
	(mm)	88 – 94 mm	94 – 102 mm	102 – 108 mm	108 – 114 mm	114 – 120 mm	120 – 127 mm	127 – 134 mm
By Knee Circumference	(inches)	10.80 – 11.60"	11.60 – 12.60"	12.6 – 13.40"	13.40 – 14.10"	14.10 – 14.80"	14.80 – 15.80"	15.80 – 16.80"
	(mm)	275 – 295 mm	295 – 320 mm	320 – 340 mm	340 – 360 mm	360 – 380 mm	380 – 402 mm	402 – 420 mm

K8

K4

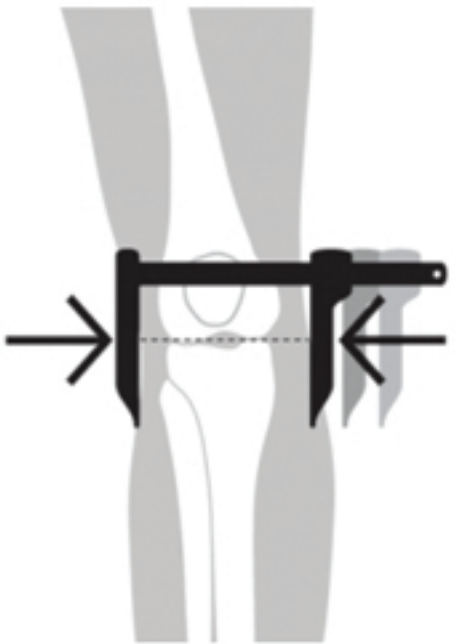
K4 YTH

KX KNEE SLEEVE

	SM	MD	LG	XL	
	XS/SM		MD/LG		XL/2X
Y/YT					
	Y/YT/XS/SM		MD/LG		XL/2X

NOTE: Due to varying shapes, knee measurements should only be used as a guide when determining the correct brace size.

1. KNEE WIDTH



Measure across the centre of the knee using the POD Sizing Tool. Take measurements in a weight bearing position at full extension (i.e. with leg fully straight).

2. KNEE CIRCUMFERENCE



Measure the circumference of the knee directly underneath the kneecap using a soft tape measure or string. Take measurements in a weight bearing position at full extension (i.e. with leg fully straight).

3. TRY BRACE ON

Walk and bend your leg to aid the brace in settling. The brace should feel comfortably snug.

If the measurements indicate you are between sizes, we recommend to go up a size.

NOTE:

Due to varying shapes, knee measurements should only be used as a guide when determining the correct brace size.

It is recommended that brace fitting and adjustment be carried out by a suitable healthcare provider or through your local POD Active dealer.