



1. SIZE CHART

To find your approximate size measure the circumference of your head one-inch above eyebrows and across the largest portion of the back of your head. Cross reference this measurement on the helmet size chart to determine the approximate size.

2. CROWN FITMENT

When trying on a helmet, the first area to focus on is the crown. Make sure that the crown of the helmet matches the shape of your head. It should fit like a comfortable hat with equal pressure around the circumference of your crown.

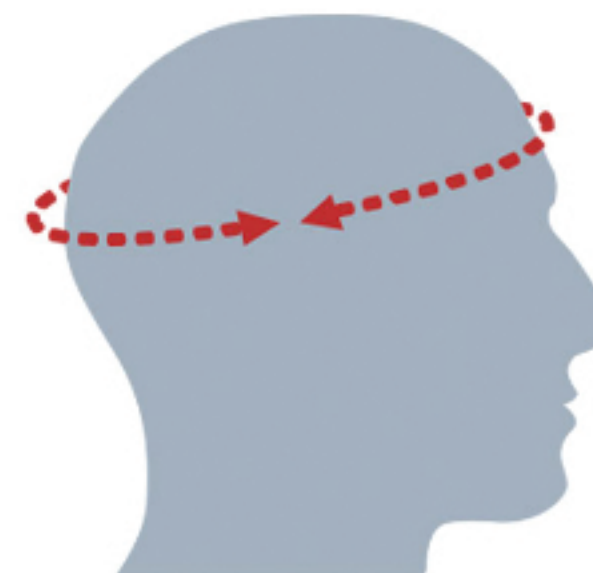
To test the fit of the helmet place one hand on the back of the helmet and push forward. Check to see if you can create a gap on your forehead. If you can insert more than the very tip of your finger in-between the inside of the helmet and your head then you should try a smaller size. If that smaller size fits your crown but is too tight on your face, see if there is a thinner cheek pad available to relieve the pressure on your face. If you are unsure which size fits best then remove the cheek pads from each helmet and try them on without the pads. This will give you the best indication of which helmet to choose.

3. CHEEK PADS

The way cheek pads fit can make a huge difference in the way a helmet feels. Too tight and you'll be uncomfortable. Too loose and the helmet will be noisy and will move around when riding. There is some amount of personal preference when selecting the proper size. The cheek pads will break in substantially in the first couple hours of riding so go with the tightest fit you can comfortably wear.

4. ROLL OFF TEST

Once you have the crown and cheek pads where you want them, you can then check for helmet stability. Without the chin strap fastened, grab the helmet from the rear and see if you can roll it forward off of your head. You should feel it grip the back of your head and resist rolling forward off of your head. If the helmet does roll forward off of your head, try a smaller size or a different model.



Helmet Size Chart

	U.S. Hat Size	Inches	CM
YS	6 1/8 - 6 1/4	19 5/16" - 19 11/16"	49 - 50 cm
YM/XXS	6 3/8 - 6 1/2	20 1/16" - 20 7/16"	51 - 52 cm
YL/XS	6 5/8 - 6 3/4	20 7/8" - 21 1/4"	53 - 54 cm
S	6 3/4 - 7	21 5/8" - 22"	55 - 56 cm
M	7 1/8 - 7 1/4	22 7/16" - 22 13/16"	57 - 58 cm
L	7 3/8 - 7 1/2	23 1/4" - 23 5/8"	59 - 60 cm
XL	7 5/8 - 7 3/4	24" - 24 3/8"	61 - 62 cm
XXL	7 7/8 - 8	24 13/16" - 25 3/16"	63 - 64 cm
XXXL	8 1/8 - 8 1/4	25 5/8" - 26"	65 - 66 cm
XXXXL	8-3/8	26 3/8" - 26 3/4"	67 - 68 cm