HOW TO MEASURE FOR HELMET, JERSEY AND PANTS

HOW TO MEASURE HELMET SIZE

MEN, WOMEN AND YOUTH

HEAD: Measure circumference of head just above top of ears and

1 inch above eyebrows

Remember, you will not use this measurement for a helmet as it is

measured at the point where the helmet is designed to be worn.

HOW TO MEASURE JERSEY SIZE

MEN, WOMEN AND YOUTH

CHEST: With soft tape measure around THE FULLEST part of the chest

(measure in inches)

WAIST: Measure around your natural waist OR WHERE YOU PREFER TO

wear your pants. Be sure to stand straight and relax while taking this

measurement.

HOW TO MEASURE PANTS SIZE

MEN, WOMEN AND YOUTH

WAIST: Measure around your natural waist OR WHERE YOU PREFER TO

wear your pants. Be sure to stand straight and relax while taking this

measurement.

INSEAM: Without shoes; measure from crotch TO YOUR ANKLE

THE NECK, OVER THE POINT OF THE SHOULDER, AROUND THE ELBOW AND

SLEEVE: With elbow slightly bent, measure from the center back of neck,

over point of shoulder, around the elbow and to the bottom of the cuff

MEASURE THE CIRCUMFERENCE AT THE FULLEST POINT.

HIP/SEAT: With a tape measure, hold it level and legs straight.

WEAR YOUR PANTS

Measure from your crotch to your ankle. Measure with a soft tape on

the inside of your leg. Be sure to stand straight and relax while taking

this measurement.

The inseam is the measurement from your crotch to your ankle. Measure

with a soft tape on the inside of your leg. Be sure to stand straight and

relax while taking this measurement.

How to measure helmet size

- Head: Measure circumference of head just above top of ears and
  1 inch above eyebrows
- Waist: Measure around your natural waist or where you prefer to
  wear your pants
- Inseam: Without shoes, measure from crotch to your ankle

How to measure jersey size

- Chest: With soft tape measure around the fullest part of the chest
- Waist: Measure around your natural waist or where you prefer to wear your pants
- Inseam: Without shoes, measure from crotch to your ankle

How to measure pants size

- Waist: Measure around your natural waist or where you prefer to wear your pants
- Inseam: Without shoes, measure from crotch to your ankle

How to measure boot size

- Men, women and youth
- Use your regular shoe size as a reference. Boots are in men's and boy's sizes. If you are following the measurements, use a regular ruler
- Make sure you are standing. Measure the socks you will wear with the boots. Don't count the measurement to your shoe size
- Use the measurement chart. Measurements are in centimeters and do not guarantee the proper fit.
- Measure your boot size and find it on the size chart.